Appleton Farms
A Property of The Trustees

Group Programs
Pre K-College

Farm-Based Programs Designed to connect people to Nature & Agriculture of Massachusetts through fun inquiry based experiences
Learn & Discover
AT APPLETON FARMS
A Property of The Trustees

Rolling Grasslands, extensive forests, grazing livestock, stone walls, historic farm buildings – 1000-acre Appleton Farms offers a rare glimpse into New England’s agricultural past.

A gift of Colonel Francis R. Appleton, Jr., and his wife Joan, Appleton Farms is the oldest continuously operating farm in the country, established and maintained by nine generations of the Appleton family.

This working farm includes a 600 shareholder Community Supported Agriculture (CSA) program, a grass-based beef and dairy livestock program, as well as haying and composting operations. More than 12 miles of trails offer endless opportunities for hiking, biking, bird-watching, dog walking, and cross-country skiing. Appleton Farms is a true New England gem.

Farm-Based Education Field Trips at Appleton Farms

At Appleton Farms we offer inquiry based experiences connecting people to place. We believe that in order to protect what you love you must first come to know and understand it. We offer environmentally focused, farm-based education programs for pre-K through adults, led by our farm education staff. Through educator-guided, experiential learning, students explore sustainable agriculture and conservation, gaining knowledge in life and earth sciences.

Massachusetts Science Curriculum Framework Standards

Many of our educational opportunities are, or can be tailored to fit the standards for the Massachusetts Curriculum Frameworks. If meeting Massachusetts Curriculum standards is a goal for your group please notify us. All of our programs can be adapted to meet your educational needs. For more information contact our Farm Educator Kyle Jacoby at (978) 356.5728 x4117 or kjacoby@thetrustees.org
Dear Group Leader,

Here at Appleton Farms we value getting to partner with groups in our community. We use the word partner intentionally because that is truly what we think it is. We share many goals and feel together is the best way to achieve them.

At Appleton Farms we play our role by promoting inquiry based experiential learning opportunities focusing on agricultural and ecological themes. Many of these themes are tailored to the Massachusetts Science Standards and utilize the most up to date environmental education practices.

All of our programs have the goal of connecting our community to the natural world and building environmental literacy to best understand it and your place within it. We strive to create positive experiences that engage visitors and help them develop a deep connection to the special places at Appleton Farms and Appleton Farms Grass Rides.

In the following pages you will find a collection of our programs and activity offerings. They are designed with you in mind and are created with the high standards that comes with a Trustees program. We hope in this catalog you find something that excites you. We hope you want to build this partnership with us. For more information about programs we offer or general questions please do not hesitate to contact us. We look forward to seeing you on the farm!

Thank you,

Kyle Jacoby  Caroline Rouillard
Farm Educator  Engagement Manager
Pricing and Registration Information
for Group Programs at Appleton Farms

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<tr>
<th></th>
<th>General Program</th>
<th>Cooking Program</th>
<th>General Tour</th>
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<tbody>
<tr>
<td>1-1.5 Hours</td>
<td>$12/person</td>
<td>$15/person</td>
<td>$8/person</td>
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<tr>
<td>2 Hours</td>
<td>$15/person</td>
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<td>+2 Hours</td>
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→ Small groups are welcome, however there is a minimum fee of $100 for all programs. For the general tour there is a $50 minimum fee.
→ Any program over 2 hours must be discussed with an Appleton Farms staff member.
→ If you would like to incorporate an Appleton Farms Cheese tasting it is an additional $1 per participant.
→ For our general programs and cooking programs, leaders and chaperons attend at no additional cost.
→ A deposit is not required to schedule a program.

How to Register

Programs at Appleton are filled on a first come, first serve basis. Please contact our farm educator to schedule a trip. After registration is complete you will be provided with a confirmation letter, invoice (if needed), and directions to our property. At the time of arrival your payment will be expected in full. In order to cancel please provide us with two weeks notice. We are excited for your visit! Please feel free to contact our Farm Educator, Kyle Jacoby, with any questions or concerns.

To register or more info:
Kyle Jacoby, Farm Educator
Phone: 978.356.5728 x 4117 or email kjacoby@thetrustees.org

Anything Else I Should Know?

A program with Appleton Staff doesn’t have to be the only thing you do! We highly encourage all groups to each lunch on the farm. There are beautiful spots in our paddock and carriage barn to grab a bite. You are also welcome to take your group on a hike around the farm to enjoy the beautiful scenery or visit with some of the animals.

There will be plenty of parking during your visit to the farm. Notify the Appleton Staff if you plan to arrive in multiple cars so we can plan accordingly.
Soil Scientists
**Recommended age: Grade 1 - High School**
**Recommended Time: 2 hours**
Offered Autumn, Summer & Spring

Connect to the ground beneath your feet! Experience the connection between soil and all living things. Through riddles and games, we will learn what makes up soil then head to the forest floor to discover decomposers. Using our decomposer field guide, we will compare what we find on the forest floor to what we find in the farm’s compost piles. We’ll take the temperature of our compost piles and compare different types of soil along our travels. Test your knowledge with *Compost or Landfill* and visit the cows to see where our compost ingredients come from. Our discoveries will teach us both the importance and fragility of our earth’s soil resources.

*This program can be adapted to meet the content level of all ages.*

Fun in the Barnyard
**Recommended Age: PreK - Grade 2**
**Recommended Time: 1 Hour**
Offered in Autumn, Summer & Spring

One of the most unique and enjoyed parts of Appleton Farms is our barnyard animals. Usual residents of the carriage barn include sheep, goats, rabbits and chickens. Through hands on activities we will get up close and personal with all of the animals. We will brush the goats, feed the sheep, collect some eggs and so much more. This program is perfect for those who would like to take their interactions with Appleton Farms animals to the next level. In addition to time with the animals there will also be a craft to enjoy. We recommend this program to groups with a younger audience.
Garden Explorer
Recommended Age: PreK - High School
Recommended Time: 1-2 Hours
Offered in Late Spring, Summer & Autumn

One of the best parts about any farm is time in the garden. This program is designed to give you an in-depth experience with one of our favorite places. Based on the age of the participants you may spend some time learning about plants needs or plant parts, getting to plant some seeds or seedlings, exploring the things already growing, harvesting some things that are done, and so much more. So if you would like an in-depth program centered around the garden this is the curriculum for you!

Sunshine Made My Milk
Recommended Age: PreK - Grade 5
Recommended Time: 1-2 Hours
Offered in all seasons

Explore the workings of a New England Dairy Farm! This program is a great introduction into cows, milk production and cheese making. Through our Rocks to Cheese activity, we will learn how the environment plays a role in creating cheese. During out Keep in Mind memory game we will discover some of the tools a dairy farmer uses. Afterwards we will explore the milking parlor and cheese kitchen to see it all first hand. To top it all off the group will use some of Appleton Farms very own heavy cream as we work together to make some delicious butter.

*Add a cheese tasting for a slightly additional cost

Animal Care
Recommended Age: Grade 2 - High School
Recommended Time: 1-1.5 Hours
Offered in all seasons

Every day the staff of Appleton Farms spends time caring for all of the animals. On a basic level that means feeding, getting water, cleaning, brushing, etc. On a psychological level it means communicating, quality time, activities and so much more. This program is designed to give you hands on experience caring for our animals basic and psychological needs. Participants will join the farm staff in the barn and work directly with the animals, learning how to care for them and putting your new knowledge into practice. By the end of the program you will have a basic understanding of how to create an environment that makes our animals happy and healthy. Recommended for smaller groups.

*Programs scheduled after 3:00pm can have the opportunity to work with the cows during the second milking
General Tour

Recommended Age: All ages
Time: 1 Hour
Offered all year

Appleton Farms does so many amazing things. A general tour is a great way to get a quick snapshot of what happens here at the farm. Stop by the milking barn, creamery and carriage barn as our educators talk you through how we milk our cows, how cheese is made and get a quick visit with some of our barn animals. Our tours tend to be more Q&A and general on content. For more inquiry based and content focused lessons choose one of the options above.

Custom Field Trips

Recommended Age: PreK - High School
Recommended Time: 1-2 Hours
Offered all year

We are always more then willing to work with YOU, the teachers, to create the perfect field trip for your students. See more than one program that interests you? It’s easy for us to combine different parts to create your own custom experience. Want something you don’t see? Feel free to reach out and we can brainstorm together. We are always open to new ideas!

To schedule, customize a program, or consult an educator about the curriculum, please contact:

Kyle Jacoby Farm Educator
Phone: 978.356.5728 x 4117 or email kjacoby@thetrustees.org
The Trustees

Who We Are
We are more than 100,000 people like you who love the outdoors, who love the distinctive charms of New England, and who believe in celebrating and protecting them, for everyone, forever.

Together with our neighbors, we protect the distinct character of our communities and inspire a commitment to our special places. Our passion is to share with everyone the irreplaceable natural and cultural treasures we care for.

What We Do
We enjoy and care for more than 100 special places – nearly 25,000 acres – all around Massachusetts. And we are actively building an extended family of friends and neighbors across the state that can help in their different ways.

What We Are Up Against
Through more than 125 years of hard work and high standards, The Trustees have built a sterling reputation and a stunning physical legacy.

Today, the places we care about are going fast, and the forces undermining them, including climate change, are moving faster. We need to tap the wellspring of people’s joy – in their communities, their heritage, and the natural world – and mobilize a whole new generation to care.

The Trustees adopted an ambitious Strategic Plan, Trustees 2018, that outlines our approach to conservation in Massachusetts over the next decade.

Join Us! Become a Member Today!
When you join The Trustees of Reservations, you become a partner in our mission to protect the best of Massachusetts - for everyone, forever. We can’t do it without you. As a member, you’ll receive free or discounted admission to every Trustees reservation, program, and event. Learn more at: www.thetrustees.org